



Sunday Monday Tuesday Wednesday Thursday Friday Saturday

<p>1</p> <p>9:30 Sunday Service 10:00 Daily Chronicles 11:00 Balloon Volleyball 1:00 DIY Vision Boards 2:00 N.Y Scattergories 3:00 Bingo 4:00 Music w Andy</p> <p>New Year's Day</p>	<p>2</p> <p>9:30 Dancercise 10:00 Daily Chronicles 11:00 Basketball 1:30 Dice games 2:00 Trivia week Social 3:00 Bingo 4:00 Lifestyle Activity</p>	<p>3</p> <p>9:30 Flex & Stretch 10:00 Daily Chronicles 11:00 Ring toss 1:30 Toss & Talk about 2:00 Fun Riddles! 3:00 Bingo 4:00 Balloon Ball</p>	<p>4</p> <p>9:30 Chair Drumming 10:00 Daily Chronicles 11:00 Grid toss 1:30 Tangram Fun! 2:00 Armchair Travel 3:00 Bingo 4:00 Puzzling w staff</p>	<p>5</p> <p>9:30 Chair Aerobics 10:00 Daily Chronicles 11:00 Soccer 1:30 Po-Ke-No! 2:00 Arts & Crafts: Tie-Dye Tissue Paper 3:00 Bingo 4:00 Poetry Readings</p>	<p>6</p> <p>9:30 Chair Yoga 10:00 Daily Chronicles 11:00 Balloon Ball 1:30 Tic-Tac Throw 2:00 Aromatherapy 3:00 Bingo 4:00 Sing along w staff</p>	<p>7</p> <p>9:30 Morning Exercise 10:00 Daily Chronicles 11:00 Bowling Bash 1:30 Matching Games 2:00 Price is right! 3:00 Bingo 4:00 Finish the Sayings</p>
<p>8</p> <p>9:30 Sunday Service 10:00 Daily Chronicles 11:00 Balloon Volleyball 1:00 Football Sunday 2:00 Words in words Game 3:00 Bingo 4:00 non-denominational readings</p>	<p>9</p> <p>9:30 Dancercise 10:00 Daily Chronicles 11:00 Basketball 1:30 Card games 2:00 Baking: no-bake Cookies 3:00 Bingo 4:00 Lifestyle Activity</p>	<p>10</p> <p>9:30 Flex & Stretch 10:00 Daily Chronicles 11:00 Ring toss 1:30 Toss & Talk about 2:00 Fun Riddles! 3:00 Bingo 4:00 Balloon Ball</p>	<p>11</p> <p>9:30 Chair Drumming 10:00 Daily Chronicles 11:00 Music w Glenn 1:30 Tangram Fun! 2:00 VR w Continuum 3:00 Bingo 4:00 Puzzling w staff</p>	<p>12</p> <p>9:30 Chair Aerobics 10:00 Daily Chronicles 11:00 Soccer 1:30 Po-Ke-No! 2:00 1960's Social 3:00 Bingo 4:00 Poetry Readings</p>	<p>13</p> <p>9:30 Chair Yoga 10:00 Daily Chronicles 11:00 Balloon Ball 1:30 Tic-Tac Throw 2:00 Aromatherapy 3:00 Bingo 4:00 Sing along w staff</p>	<p>14</p> <p>9:30 Morning Exercise 10:00 Daily Chronicles 11:00 Bowling Bash 1:30 Matching Games 2:00 Price is right! 3:00 Bingo 4:00 Finish the Sayings</p>
<p>15</p> <p>9:30 Sunday Service 10:00 Daily Chronicles 11:00 Balloon Volleyball 1:00 Football Sunday 2:00 Words in words Game 3:00 Bingo 4:00 Music w Andy</p>	<p>16</p> <p>9:30 Dancercise 10:00 Daily Chronicles 11:00 Basketball 1:30 Dice games 2:00 MLK Jr. Day Social 3:00 Bingo 4:00 Lifestyle Activity</p> <p>Martin Luther King Jr. Day</p>	<p>17</p> <p>9:30 Flex & Stretch 10:00 Daily Chronicles 11:00 Ring toss 1:30 Toss & Talk about 2:00 Fun Riddles! 3:00 Bingo 4:00 Balloon Ball</p>	<p>18</p> <p>9:30 Chair Drumming 10:00 Daily Chronicles 11:00 Grid toss 1:00 Music w Kendal 2:00 Armchair Travel 3:00 Bingo 4:00 Puzzling w staff</p>	<p>19</p> <p>9:30 Chair Aerobics 10:00 Daily Chronicles 11:00 Soccer 1:30 Po-Ke-No! 2:00 Arts & Crafts: DIY Stress balls 3:00 Bingo 4:00 Poetry Readings</p>	<p>20</p> <p>9:30 Chair Yoga 10:00 Daily Chronicles 11:00 Balloon Ball 1:30 Tic-Tac Throw 2:00 Aromatherapy 3:00 Bingo 4:00 Sing along w staff</p>	<p>21</p> <p>9:30 Morning Exercise 10:00 Daily Chronicles 11:00 Bowling Bash 1:30 Matching Games 2:00 Price is right! 3:00 Bingo 4:00 Finish the Sayings</p>
<p>22</p> <p>9:30 Sunday Service 10:00 Daily Chronicles 11:00 Balloon Volleyball 1:00 Football Sunday 2:00 Words in words Game 3:00 Bingo 4:00 non-denominational readings</p> <p>Chinese New Year (the Rabbit)</p>	<p>23</p> <p>9:30 Dancercise 10:00 Daily Chronicles 11:00 Basketball 1:30 Card games 2:00 Baking: Decorating Cookies 3:00 Bingo 4:00 Lifestyle Activity</p> <p>Activity Professionals Week</p>	<p>24</p> <p>9:30 Flex & Stretch 10:00 Daily Chronicles 11:00 Ring toss 1:30 Toss & Talk about 2:00 Fun Riddles! 3:00 Bingo 4:00 Balloon Ball</p>	<p>25</p> <p>9:30 Chair Drumming 10:00 Daily Chronicles 11:00 Music w Glenn 1:30 Tangram Fun! 2:00 VR w Continuum 3:00 Bingo 4:00 Puzzling w staff</p>	<p>26</p> <p>9:30 Chair Aerobics 10:00 Daily Chronicles 11:00 Soccer 1:30 Po-Ke-No! 2:00 Social 3:00 Bingo 4:00 Poetry Readings</p> <p>Australia Day (observed)</p>	<p>27</p> <p>9:30 Chair Yoga 10:00 Daily Chronicles 11:00 Balloon Ball 1:30 Tic-Tac Throw 2:00 Aromatherapy 3:00 Bingo 4:00 Sing along w staff</p>	<p>28</p> <p>9:30 Morning Exercise 10:00 Daily Chronicles 11:00 Bowling Bash 1:30 Matching Games 2:00 Price is right! 3:00 Bingo 4:00 Finish the Sayings</p>
<p>29</p> <p>9:30 Sunday Service 10:00 Daily Chronicles 11:00 Balloon Volleyball 1:00 Football Sunday 2:00 Words in words Game 3:00 Bingo 4:00 non-denominational readings</p>	<p>30</p> <p>9:30 Dancercise 10:00 Daily Chronicles 11:00 Basketball 1:30 Dice games 2:00 Storytelling Social 3:00 Bingo 4:00 Lifestyle Activity</p>	<p>31</p> <p>9:30 Flex & Stretch 10:00 Daily Chronicles 11:00 Ring toss 1:30 Toss & Talk about 2:00 Fun Riddles! 3:00 Bingo 4:00 Balloon Ball</p>	<h1>January 2023</h1> <h2>HAPPY NEW YEAR !!</h2>			

